For Effective Reduction of Both Impact and Airborne Sound and Vibration Through All Types of Floor Covering.

Quiet Floor NP™
Noise Control Floor Underlayment

Hear the harmony in silence
Installation Instructions
Vinyl Tiles and Linoleum

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We Identify and S.T.O.P. Your Noise Problems
Congratulations

You have just acquired the most efficient soundproofing panel on the market. For the best results and maximum efficiency, we suggest that you follow the installation instructions. An inadequate installation could lead to a significant reduction in the efficiency of Quiet Floor NP™.

The panels are available in the following two dimensions: 3 feet (914 mm) by 4 feet (1219 mm) as presented in the video and 4 feet (1219 mm) by 6 feet (1829 mm) for professionals in the construction trade. The method of installation is the same for both.

Equipment

Make sure you have the necessary equipment available:

- a tape measure
- a hammer
- a chalk line
- a set square
- an electric sander
- a vacuum cleaner
- an exacto knife or a gypsum knife
- a 1/2" (13 mm) drill and mixer bit
- a 3/16" (5 mm) V-trowel
- a large trowel
- matchbooks
- one pair rubber gloves
- soap
- a caulking gun
- an acoustic sealer
- a light-colored, soft lead pencil
- a wooden lead pencil
- a floor leveler
- tile spacers
- a circular saw
- glue recommended for Neutra-Phone panels
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Optional equipment depending on the soundproofing method used:

- 1/8" (3 mm) etafoam
- 1/2" (13mm) or 5/8" (16 mm) backer rod

Preparation of the Subfloor

1. Start by thoroughly cleaning the surface with a vacuum cleaner.

2. Check to make sure that the subfloor has no imperfections. Quiet Floor NP™ will not improve an imperfect surface. You have to take the time to check the quality of the subfloor.

For a Wood Framework

Screw in completely any screws, drive in any nails or remove anything that could interfere with the installation. If your floor creaks, we suggest adding screws to stabilize it because Quiet Floor NP™ will not eliminate creaking. If necessary, use a sander to smooth the surface or a floor leveler to correct any imperfections.

For a Concrete Floor Slab

Check that the slab is level. If you notice any imperfections, use a concrete leveler to level the surface.

Whatever the subfloor, it must be as perfect as possible.

Before starting, Quiet Floor NP™ panels must be kept at room temperature for 72 hours.
Using a chalk line, trace a line around the room leaving a 3/8" (9 mm) space out from the wall.

Lay the panels, grooved side down, on your guideline.

Leave a 3/8" (9 mm) space out from the walls.

Also leave a 1/8" (3 mm) space between each panel. To be sure that you have correct measurements, use tile spacers.

To prepare the glue mixture, read the manufacturer’s instructions because, once it is mixed, there is very little time to apply it. Wear gloves to avoid all contact.

Proceed with the applications of the glue by lifting half of one NeutraPhone™ panel and half of a second panel.

Spread the glue over the whole surface using a 3/16" (5mm) V-trowel. Do not apply too much glue; this will not increase the panel’s adherence. Any excess glue will cause undulations in the Quiet Floor NP™ and cause problems during the installation of the floor covering. Do the first half of the panel, then the other half. For smaller pieces, take them out completely, apply the glue, and put them back in place. Continue applying the glue under all the Quiet Floor NP™ panels.

For the second row, cut the first panel in two. Lay it at a distance of 3/8" (9 mm) from the wall and continue the installation to the far end with full-length panels. The end of one panel must always arrive at the center of the panel in the preceding row, as if it were a brick wall. Cut the last panel of the row to the desired length.

To make the cut, use a knife with a retractable blade or gypsum knife. Do not try to cut the panel in a single stroke. Make two or three passes to get a better result and to avoid injury.

Plan for a 3/8" (9 mm) space around obstacles such as electric wires, pipes and doorframes. Remember that the carpet must never touch walls or any objects in the room.

When all the panels are in place, carefully check the corners of each carpet. The carpet can have a tendency to curl upward when the grooves do not arrive precisely in the corner of the panel. To prevent this from happening, use the retractable knife with the blade extended 3/16" (5 mm). Make six 45° incision every 1/2" (13 mm) to weaken the panel. Carry out this operation in every corner that requires it.

When you have finished, be sure that the corners and panel edges are completely flat. If necessary, use the floor-covering containers as weights.

Avoid walking on the panels during the entire drying cycle.

Allow to dry for a least 24 hours before installing the plywood or follow the recommendations of the glue manufacturer.
To maximize the efficiency of your acoustic panels, you must take great care when installing your new floor covering. Whatever type of covering you use, keep your 3/8" (9 mm) space out from the wall as well as around any obstacles.

Here are three ways of doing this procedure:

1. The first is very simple.
   Use an acoustic sealer to fill the 3/8" (9 mm) space completely up to the covering. Do the same thing for any obstacles.

2. The second method is carried out in two steps.
   Use 1/2" (13 mm) backer rod and insert it in the 3/8" (9 mm) space. Do the same thing for the obstacles. Apply the acoustic sealer over the backer rod up to the level of the covering. This method gives you a better result than the first.

3. The third method is the best.
   Prepare 7"-wide (178 mm) etafoam strips. Install them before setting the panel on the floor. Then apply an acoustic sealer behind the etafoam up to the covering in order to fill the 3/8" (9 mm) empty space around the room. For the obstacles, fill the empty space with backer rod and apply the acoustic sealer. Or you can simply use the acoustic sealer.

To optimize the acoustic properties of Quiet Floor NP™, the baseboards must never touch the floor covering. For those who have used etafoam as soundproofing, fold it down onto the floor and then put the baseboard over it. Nail the baseboard to the wall and delicately cut the excess etafoam with a knife.

For the first two methods, place a matchboard on the floor. Install the baseboard and nail it to the wall.